Overcoming Oppression

These are scriptures that I have found to be effective against spiritual, mental and emotional oppression, anxiety and depression. Confess them three times a day and you will notice the oppression lifting. Quote the scripture and then confess that it belongs to you. Confession brings possession, in Jesus name. You can possess anything that is promised you in the Word of God, as you believe it, confess it, embrace and possess it. Confess it now: "I'm free in Jesus name."

Tom Shanklin

Stand fast therefore in the liberty wherewith Christ hath made us free, and be not entangled again with the yoke of bondage. (Galatians 5:1, KJV).

I'm standing fast in the liberty wherewith Christ has made me free; I will not be entangled again in a yoke of bondage.

Then said Jesus to those Jews which believed on him, If ye continue in my word, then are ye my disciples indeed; And ye shall know the truth, and the truth shall make you free. (John 8:31-32, KJV).

I continue in the Word of God and I am Jesus' disciple indeed. I know the truth and the truth makes me free.

Behold, I give unto you power to tread on serpents and scorpions, and over all the power of the enemy: and nothing shall by any means hurt you. (Luke 10:19, KJV).

Jesus has given me power over all the power of the enemy and nothing shall by any means hurt me.

If the Son therefore shall make you free, ye shall be free indeed. (John 8:36, KJV).

The Son of God has made me free and I am free indeed, in Jesus name.

Neither give place to the devil. (Ephesians 4:27, KJV).

I refuse give place to the devil of fear, anxiety, doom, gloom and hopelessness.

Submit yourselves therefore to God. Resist the devil, and he will flee from you. (James 4:7, KJV).

I submit myself to God and his love and power. I resist the devil [of fear, anxiety, oppression, depression and torment and he flees from me in terror. Go, devil, go, in Jesus name.

Be sober, be vigilant; because your adversary the devil, as a roaring lion, walketh about, seeking whom he may devour: Whom resist stedfast in the faith, knowing that the same afflictions are accomplished in your brethren that are in the world. (1 Peter 5:8-9, KJV).

My adversary the devil, as a roaring lion goes about seeking whom he may devour. He may not devour me. I resist him steadfast in the faith. (Make a fist now and say it with force.) I resist you Satan, in Jesus name.